

learning
equals
development

EQV Course Outline



■ Coaching & Mentoring

■ 1 Day

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Coaching & Mentoring (1 Day)

Business Benefit

The modern business environment demands that organisations constantly re-examine their business practises. The need for change is becoming almost a daily factor in keeping up with the 'competition' and satisfying ever-increasing customer expectations. Organisations need to be able to support their staff through this process of 'constant change' and Coaching and Mentoring plays a crucial role in providing that support.

Who Should Attend?

Ideal for directors, managers and supervisors who are responsible for the performance of others. HR Professionals seeking to develop these skills within an organisation will also benefit from this course

Learning Objectives

*By the end of this course
you will be able to...*

- Understand the importance of Coaching & Mentoring in today's business environment
- Define the two basic types of 'coaching need'
- Demonstrate the skills required to support each type of 'coaching need'
- Spot the day to day opportunities for increasing the effectiveness of staff through coaching
- Highlight the key skills in delivering Feedback
- Understand the principles of Mentoring and creating a problem solving approach to work
- Develop a Personal Implementation Plan to improve your coaching skills in the workplace

Course Content

- What is coaching & mentoring and why is it so important?
- Coaching opportunities and interventions
- Convergent and Non-Convergent coaching needs
- The different coaching techniques for each coaching need
- Practising and refining coaching skills
- Feedback – how to give it, how to receive it
- The basic principles of Mentoring
- Creating a post course action plan

You may also be interested in

Leadership

Training Locations

Leicester, Sheffield, Liverpool, Manchester, Basingstoke, London

2011
Jul 18
Aug 17
Sep 16
Oct 18
Nov 17
Dec 14

2012
Jan 18
Feb 16
Mar 16
Apr 19
May 18
Jun 21
Jul 18
Aug 16
Sep 12
Oct 16
Nov 01
Dec 01

Price:
£395
per person

The EQV Promise

We ensure that our courses are well received and are delivered by trainers that have actual commercial competency in their chosen subject.

Not only is this essential for our accreditation purposes but it ensures that the trainers will be able to include relevant experiences they themselves have learnt from. This generates appropriate engagement and empathy in the training environment.

When the course is completed we will report back to you about how the training has been received and can indeed evaluate the training right from start to finish after the skills transfer period. This information can come from your account manager who is your main point of contact at all times.

The EQV Experience

Our training courses take the attendee on a journey of learning and development. Throughout the course everyone is engaged in a stimulating and participative way.

Our courses are designed to encompass many different kind of learning activities making sure they appeal to different natural styles of learning that individuals have.

Activities may include a selection of syndicate work, discussion, pair work, case studies, games, role play, quizzes and presentations.

During the event an individual works on their own implementation plan so that they have a clear plan of how they are going to support their own skills transfer back in the workplace. Whilst it is important for the attendees to enjoy the workshop we want to ensure they apply as much as possible back in the workplace.

Our Training Centre

Set in the heart of beautiful rolling Leicestershire countryside, our idyllic training facilities not only provide attendees with the perfect environment to concentrate on their individual learning experience but also provide the practicality of ample parking and fully designed and equipped training rooms.

You will be greeted upon arrival by our training co-ordinator who is your point of contact throughout the day should have any specific queries.

A delicious buffet lunch is provided, catering for a variety of dietary needs.

What Delegates Say about this course

"Excellent, well presented, informative"

"Top class! I now feel confident that I can support my staff in a helpful and reassuring manner"

"10/10 will be very helpful in the future"

