

learning  
equals  
development

# EQV Course Outline



■ Health & Safety

■ 1 Day

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# Health & Safety

## 1 Day

### Business Benefit

Health & Safety at Work means more than just a set of legislation – it means everyone, employers and employees actively working together to create a safe working environment. This course is for staff at every level and provides a good knowledge of health and safety in the workplace. It includes the duties of employers and employees under UK health and safety legislation and the impact their actions have for themselves and others.

### Who Should Attend?

All staff who need to understand the importance of safe working practises.

### Learning Objectives

*By the end of this course you will be able to...*

- Understand the importance of health and safety good practise.
- Understand the safety issues in a work area, home or learning environment.
- Describe basic hazard awareness and conduct a basic risk assessment.
- Demonstrate manual handling and safe lifting techniques.
- Describe how to apply the knowledge in a relevant practical context.

### Course Content

- A background to Health and Safety at Work
- Health and Safety Law
- Work Permits
- Workplace Safety
- Fire Prevention and Procedures
- Accident Prevention and First Aid
- Hazardous Substances
- Work Equipment and Personal Protective Equipment
- Manual Handling
- Noise and Vibration

You may also be interested in

Health & Safety – Law & Practise

Dates: 18 Jan • 15 Feb • 13 Mar • 18 Apr • 15 May  
13 Jun • 10 Jul • 13 Aug • 10 Sep • 13 Oct  
13 Nov • 10 Dec

Price: **£395**  
per person

## The EQV Promise

We ensure that our courses are well received and are delivered by trainers that have actual commercial competency in their chosen subject.

Not only is this essential for our accreditation purposes but it ensures that the trainers will be able to include relevant experiences they themselves have learnt from. This generates appropriate engagement and empathy in the training environment.

When the course is completed we will report back to you about how the training has been received and can indeed evaluate the training right from start to finish after the skills transfer period. This information can come from your account manager who is your main point of contact at all times.

## The EQV Experience

Our training courses take the attendee on a journey of learning and development. Throughout the course everyone is engaged in a stimulating and participative way.

Our courses are designed to encompass many different kind of learning activities making sure they appeal to different natural styles of learning that individuals have.

Activities may include a selection of syndicate work, discussion, pair work, case studies, games, role play, quizzes and presentations.

During the event an individual works on their own implementation plan so that they have a clear plan of how they are going to support their own skills transfer back in the workplace. Whilst it is important for the attendees to enjoy the workshop we want to ensure they apply as much as possible back in the workplace.

## Our Training Centre

Set in the heart of beautiful rolling Leicestershire countryside, our idyllic training facilities not only provide attendees with the perfect environment to concentrate on their individual learning experience but also provide the practicality of ample parking and fully designed and equipped training rooms.

You will be greeted upon arrival by our training coordinator who is your point of contact throughout the day should have any specific queries.

A delicious buffet lunch is provided catering for a variety of dietary needs.

## What Delegates Say about this course

Excellent delivery

